



WV POWER OF PLAY THERAPY, LLC

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SIBLING ABUSE INTERVIEW

SIBLING VICTIM

1. Do boys or girls have the most say in your family?
2. If you were to look at your family as being made up of two teams, who would be on each team?
3. When you have a fight with your brother or sister, who usually wins?
4. Pretend there is something that you and your sibling both really want, and only one of you can have it. Who gets it, and how?
5. How do you stand up for yourself when your sister or brother want you to do something that you do not want to do, or something that you know is wrong?
6. Does your sister or brother ask you to keep secrets about things that you know are wrong? (examples)
7. What is something that your brother or sister has done to you that he or she would never do in front of your parents?
8. How often do you and your brother or sister argue with each other? How often does he or she yell at, insult, or criticize you?
9. Does your sibling ever embarrass or humiliate you in front of others?
10. Do you ever feel like a bad person because of something your brother or sister did or said to you?
11. How does your brother or sister react when you tell your parents something that she or he did not want you to reveal?
12. When your siblings get mad at you, what are you most afraid will happen? Are you ever afraid that your brother or sister might lose control when he or she is mad at you?
13. If your sibling is teasing you, or doing something to you that you don't like, will he/she stop when you ask him or her to?

14. Does your brother or sister ever touch you in a way that you don't like, or that makes you feel uncomfortable about your body?
15. Does your brother or sister ever say anything to you that makes you feel uncomfortable about your body?
16. When your brother or sister hits you, or touches you in a way that's wrong, whose fault is it?
17. When your brother or sister hits you, are you able to go and tell your parents? Will they help you?
18. When a sibling shouts at you or teases you, do you believe that it is usually because you have done something to deserve it?

SIBLING OFFENDER

1. How do you know when people in your family are mad at you?
2. Brothers and sisters sometimes tease each other in mean ways. How do you and your siblings tease each other?
3. Who gets teased the most in your family? By whom?
4. What is the worst trouble you ever got into and what did your parents say or do?
5. How often do your parents punish you by hitting or spanking you? How do they do it?
6. Has anyone ever touched you in private ways without your permission?
7. Has your older brother or sister, or anyone else, ever touched you in a way that felt uncomfortable?
8. How are you able to get your sibling to do things that you want him or her to do?
9. What is one way that you let your brother or sister know that you don't like what he or she is doing?
10. When your brother or sister has something that you want, how do you get it?
11. How often do you hurt your sibling's feelings and make him or her cry or get angry? How do you do this?
12. How do you feel when your brother or sister feels sad?
13. Do you care a lot about what your sibling thinks of you?
14. When something positive happens to you, do you ever share it with your sister or brother?
15. How do you feel when your parents punish your sister or brother? Do you ever take the blame for something that your brother or sister did so that he or she doesn't get into trouble for it?
16. What is one of the worst days or experiences that you think your brother or sister has ever had? How do you imagine that she or he felt about it?

17. Do you ever think that you may have a problem with touching or hitting? And if you do, is it something that maybe you might like some help with?
18. I've heard that some of these things (from number 17) may be a problem for you, but I need to hear about it from you so I know the whole story. Tell me how it happens that you might end up:
 - a. Hitting/kicking your brother or sister.
 - b. Hurting your brother or sister by _____.
 - c. Touching your brother or sister in private places or in private ways, even if it might be an accident?
19. All brothers and sisters sometimes hurt the other one's feelings. What do you know about the ways that your brother or sister has said she or he was hurt by you? How do you feel about it?
20. Whose fault do you think it is?
21. How do you think your parents feel about it?
22. Has anyone inside or outside of your family ever bothered you a lot, made you feel scared, hit you, or hurt you in other ways? If so, who was it, and how did she or he hurt you? How did you feel about it?
23. What if something strange happened, and you were suddenly transformed into your brother or sister. Knowing how you treat him or her, how would you feel?

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